

從〈蘭亭詩六首〉暨〈蘭亭集序〉 析論王羲之脫情抒情法

范寧鵬／政治大學中文系碩士

摘要

從魏晉玄學切入是目前探論王羲之的〈蘭亭詩〉六首及〈蘭亭集序〉常見的視野，而本文則擬從王羲之〈蘭亭詩〉及〈蘭亭集序〉逐步梳理，並加入佛教的視角來探論此組詩及序文。因為佛教本身的宗教色彩及其對「無常」的體認，不只能與中國的宗教相容，且在修禊一事所映照的人心之憂懼亦能給予排遣紓解，而這些特質都能順理成章為當時人所運用。因此在探論以修禊為背景的書寫現場，以及回顧宴飲的書寫過程，王羲之之「情」於其內所生發的「脫」與「抒」的作用所造就的「脫情抒情法」，是本文所要著眼探究者。此外，王羲之在書寫〈蘭亭集序〉的本身所開展的思想色彩卻又顯矛盾又弔詭的原因，及其從脫情入深情的成因和脈絡，亦是此文所欲釐清和申論者。

關鍵詞：脫情、抒情、修禊、蘭亭詩、蘭亭集

The Analysis of Wang Xi-Zhi's Way of the “Lyrics of Sentiment of Transcendence” from “Lan-Ting Poems” and “Preface of Lan-Ting Series”

**Fan, Ning-Hsien, National Chengchi University Master of
Chinese Literature**

Abstract

People used to discuss Wang Xi-Zhi's “Lan-Ting Poems” and “Preface of Lan-Ting Series” based on metaphysics of Six Dynasties, but I add the viewpoint of Buddhism to this paper to continue discussing these six poems and the preface. Because of the religious colour of Buddhism and the concept of “impermanence”, that not only can be mingled with those religions in China but also release people's anxiety and sorrow from the death itself. Accordingly, those characters, the thoughts of Buddhism would be accepted and used by people during the period. Thus, based on the writing of “Xiu-Xi” (the event relates to a ritual for pursuing good luck and avoiding disasters, and it used to hold beside rivers) and the retrospection of the process of the writing for discussing the way of “Lyrics of Sentiment of Transcendence”, that we can see the influence of “lyric” to the “sentiment of transcendence”. Furthermore, this essay clarifies the thoughts and the contradiction within “Preface of Lan-Ting Series”, as well as the cause and the context of which from the “lyrics” to the “sentiment of transcendence” of the six poems and the preface.

Keywords: The Sentiment of Transcendence, The Lyrics, Xiu-Xi, Lan-Ting Poems, Preface of Lan-Ting Series