佛光人文學報・第六期 2023 年 1 月 117-142 頁 佛光大學人文學院

# 反聞自性:東坡詩的聲音世界 蕭麗華/佛光大學中國文學與應用學系教授

### 摘要

在東坡詩的聲音世界裡,讀者可以體驗生命存在的全幅向度,有客體的自然界做為他者,也有歷史上歷代主體生命的典型作為自我的鏡像,更有世界與非世界、世間與出世間的省思。東坡詩的聲音世界已經由人籟、地籟、進入天籟,更進入「空覺、空所」的色空辯證,映顯了生命的真實與虛幻。

本文就東坡詩中的「人籟、地籟與天籟」、「歷史文化中的迴聲」與「夢昧與醒覺之間的聲音」三大範疇,逐詩討論出其間的意涵,剪影出東坡出世間與世間的生命意義。並以觀世音菩薩證道經文中明示觀世音菩薩自己依耳根而證入圓通的經歷,因聞、思、修而獲殊勝,成就三十二應身以引導眾生解脫的法門。相互印證發現,東坡是聲音的高度覺知者,他反思耳病之聲、夢中之聲、聲音的聞性、根塵相對的聲音世界,與一切大/小、有/無、喧/寂、虛/實、夢/覺的聲音意義。東坡從萬籟的世間覺醒,走向銷融音塵,達到反聞自性的耳根圓誦境界。

**關鍵詞:**蘇東坡、耳根圓通、反聞自性、聲音與存有、觀音法門

## Awareness of Himself: The World of "Dongpo's poetry sound"

Hsiao, Li-Hua, Professor, Department of Chinese Literature and Application, Fo Guang University

#### **Abstract**

In the world of "Dongpo's poetry sound," the reader can have an experience of the whole meaning of life. There are so many different subjects in Dongpo's poetry. Some of them are written about objection in nature, some are historical figures as a reflection, natural and unnatural, and others are spiritual and ministry and all things in life's reflection. In this world, not only talk about the sound of humans, nature, and spiration but the reflection of life's reality and illusion .

This article is divided into three parts and discussed the meaning in Dongpo's poetry: "sound of human, nature, and spiration" "the echo from historical" and "the sound of awareness and mind consciousness". By these three parts, we can understand the thought from SU DONGPO'S life meaning in spiritual and ministry.

In this article, we also read about Avalokiteśvara Sūtra, which is a relic that talks about the experience that how to be enlightened through the gateway of the ear, how to get enlightened by hear and think than lead by example, in the end, would be 32 avatars to make religions way and get awareness.

Also, we can know that Dongpo was emotional when he heard the sound from this universe. He wrote it down and reflected something in his poetry. He tried to imagine what would they hear who had ear disease or dreaming. Sometimes he tried to hear the sound of his awareness or the place where he stay. He tried to find the meaning of all of the sounds he heard which were small or large, crowded or silent, realize or illusory, dream or awareness. Su Dongpo awoke from the sound of a crowded world to emptiness. And after he enlightened through the gateway of ear and find his life meaning awareness.

### 佛光人文學報・第六期

**Keywords:** Su Dongpo, enlightened through the gateway of the ear, awareness, the sound and exhaustion, Avalokiteśvara Sūtra.